2017

North Carolina MPact Girls Clubs Retreat

**What Do I Bring?**

**Linens and Things**

\_\_\_\_\_\_Pillow, pillowcase

\_\_\_\_\_\_Sleeping bag or 2 twin size sheets

\_\_\_\_\_\_Light weight blanket

\_\_\_\_\_\_Towels/washcloths (for showering)

\_\_\_\_\_\_Laundry bag (large, oversized plastic bag is sufficient)

**Clothing**

\_\_\_\_\_\_Enough clothing for 3 days (allow for 2 sets of clothes each day)

\_\_\_\_\_\_Swimsuit for lake & water fun (modest with abdominal area covered)

\_\_\_\_\_\_Shoes for lakeside (sandals, flip flops, etc.)

\_\_\_\_\_\_Shoes for outdoor activities (athletic shoes, etc.)

\_\_\_\_\_\_Light jacket

**Grooming Accessories**

\_\_\_\_\_\_Toothbrush, toothpaste

\_\_\_\_\_\_Soap

\_\_\_\_\_\_Shampoo

\_\_\_\_\_\_Deodorant

\_\_\_\_\_\_Hairbrush

\_\_\_\_\_\_Sunscreen

\_\_\_\_\_\_Insect Repellent

\_\_\_\_\_\_Tote/basket for carrying toiletries to bathhouse

**Must Haves** **Other Options** **For Fun**

Bible Flashlight Water Guns Board Games

Pens, Pencils Small Fan Jump Ropes Activity Books

Snack Money Umbrella

**\*Please clearly label all items. Participants are responsible for personal belongings. NC Girls Ministries is not responsible for lost/stolen items. A fee will be charged for items returned by mail.**